

MARRIAGE AND FAMILY LIFE OFFICE (MARFAM OFFICE)

"The future of humanity passes by way of the family" – John Paul II, *Familiaris Consortio*, 86.

"Today, if they are to give a truly human face to society, no people can ignore the precious good of the family, founded on marriage. 'The matrimonial covenant, by which a man and a woman establish between themselves a partnership of the whole of life, is by its nature ordered toward the good of the spouses and the procreation and education of offspring'. (can 1055): this is the foundation of the family and the patrimony and common good of humanity." (Letter to Participants in the Fifth World Meeting of Families, Pope Benedict XVI).

The Marriage and Family Life Office (Marfam Office) promotes the truth, goodness and beauty of marriage and family life. It draws on Catholic teaching to support marriage and family as one of the main foundations of a healthy and flourishing society.

To this end, Marfam Office offers:

- Marriage preparation
- Training in Facilitation for the Parenting Skills Programme
- A workshop and retreat for divorced Catholics
- Skills based discussion group for married women and men whose spouses choose not to participate
- Lent & Easter, as well as Advent and Christmas customs for families
- A workshop on deepening your capacity to value another
- Widows & widowers workshop
- Marriage enrichment: Couple-to-Couple Ministry.

For general enquiries contact Sr Suzanne Duncan
087 807 9157 or 082 581 2890
suzanne.duncan@pastoraldevelopment.co.za

LENT & EASTER CUSTOMS FOR FAMILIES

Workshop

Date: Saturday 6 February 2010.
Time: 9.30 am to 12.30 pm.
Venue: St. Joseph's Home, Montana.
Cost: R40 per person.
Facilitators: Sr Suzanne Duncan and team.
RSVP Contact Sharyn O'Connor on 087 807 9157 or
email sharyn.oconnor@pastoraldevelopment.co.za.

DIVORCED CATHOLICS

Workshop

Date: Saturday 20 February 2010.
Time: 9.30 am to 12.30 pm.
Venue: Nazareth House, Derry Street, Vredehoek.
Cost: R40 per person.
Facilitator: Fr Noel Rucastle.

Retreat

A retreat for the group that attends the workshop will be held in the second half of the year. Details to be announced.

RSVP Contact Sharyn O'Connor on 087 807 9157 or
email sharyn.oconnor@pastoraldevelopment.co.za.



DEEPENING YOUR CAPACITY TO VALUE ANOTHER

Workshop

Different people express love differently. Come and grow your awareness and understanding of the unique needs of others and to express your love in ways that leaves the other feeling valued and cared for – and you feeling loved in return.

Date: Saturday 6 March 2010.
Time: 9.30 am to 12.30 pm.
Venue: St Michael's Catholic Church, Rouwkoop Road, Rondebosch.
Cost: R40 per person.
Facilitators: Elsabe & John O'Leary.
RSVP Contact Sharyn O'Connor on 087 807 9157 or email sharyn.oconnor@pastoraldevelopment.co.za.

WIDOWS & WIDOWERS

Input, discussion & reflection

Date: Saturday 17 April 2010.
Time: 9.30 am to 12.30 pm.
Venue: Schoenstatt – Farm House, Constantia Main Road, Constantia
Cost: R40 per person.
Facilitators: Sr Suzanne Duncan, Lorraine Whittle & Moyra O'Connor.
RSVP Contact Sharyn O'Connor on 087 807 9157 or email sharyn.oconnor@pastoraldevelopment.co.za.



CALLED: LIVING IN LOVE

Marriage enrichment: Couple-to-Couple Ministry

The second half of 2010 sees the launch of our new marriage enrichment programme.

Called: Living in Love is presented by couples to couples. It runs 2 hours a week over 6 weeks or 12 hours over a non-residential weekend.

Facilitator-couples will be trained:

Date: To be announced.

Time: To be announced.

Venue: Church of the Resurrection, 43 Janssens Avenue, Table View

Cost: To be announced.

Facilitators: Joan & Steve Armstrong and team.

RSVP Contact Sharyn O'Connor on 087 807 9157 or email sharyn.oconnor@pastoraldevelopment.co.za.

GROWING IN LOVE

Skills-based discussion group

This is a 4-week skills based discussion group for married women and men whose spouses choose not to participate in a support group.

The 4 sessions are:

- Listening for feelings
- The decision to love
- Dealing with conflict
- Growing your relationships.

Dates: Mondays 3rd, 10th, 17th & 24th May 2010.

Time: 7.00 pm to 9.00 pm.

Venue: Holy Redeemer Church, Bergvliet Road, Bergvliet.

Cost: R80 per person.

Facilitators: Sr Suzanne Duncan and Annette Milner.

RSVP Contact Sharyn O'Connor on 087 807 9157 or email sharyn.oconnor@pastoraldevelopment.co.za.

ADVENT & CHRISTMAS CUSTOMS FOR FAMILIES

Workshop

Date: Saturday 13 November 2010.
Time: 9.30 am to 12.30 pm.
Venue: St Joseph's Home, Pallotti Road, Montana.
Cost: R40 per person.
Facilitators: Sr Suzanne Duncan and team.
RSVP Contact Sharyn O'Connor on 087 807 9157 or email sharyn.oconnor@pastoraldevelopment.co.za.

ALPHA MARRIAGE COURSE

Marriage enrichment

The aim of The Marriage Course is to enable married couples to build a healthy marriage that will last a lifetime.

Hilary & Brian Felix: Starts 2 February 2010, St Mary of the Angels Catholic Church, Lawrence Road, Athlone.
Call 021 713 4164 or 082 929 9672 to register.

Contact Sr Suzanne regarding The Marriage Course in other areas.
087 807 9157 or suzanne.duncan@pastoraldevelopment.co.za

TRAINING IN FACILITATION for the Parenting Skills Programme

Our policy is that persons who wish to train as facilitators for the Parenting Skills Programme (PSP) first need to participate in an 8-week PSP.

Dates & Venues: Saturdays 13th and 20th March 2010 presented in Xhosa
St Mary's School, Lansdowne Road, Nyanga.
Saturdays 22nd & 29th May 2010 presented in English
OLHC, Lansdowne Road – Classroom.
Saturdays 20 & 27 November 2010 presented in English
OLHC, Lansdowne Road – Classroom.
Time: 8.30 am to 4.30 pm.
Cost: R250 per person.
Facilitators: Marfam Office training team.
RSVP Contact Sharyn O'Connor on 087 807 9157 or email sharyn.oconnor@pastoraldevelopment.co.za.

EVENINGS FOR THE ENGAGED

EASTERN DEANERY

Athlone

Dates: Six Tuesdays from 09 February to 16 March 2010
Six Tuesdays from 04 May to 08 June 2010
Six Tuesdays from 14 September to 19 October 2010
Time & Venue: 7.30 pm @ St Mary of the Angels centre, Athlone
Cost: R80 per couple
Contact: Juanita Barnes Tel: 021 692 3854 (h)

Lansdowne

Dates: Six Mondays from 03 May to 07 June 2010
Six Mondays from 06 September to 11 October 2010
Time & Venue: 7.00 pm @ Our Lady Help of Christians, Lansdowne
Cost: To be determined
Contact: Mrs Maggott during office hours, Tel: 021 696 2903

WEST COAST DEANERY

Bothasig

Dates: Six Mondays from 01 February to 08 March 2010
Six Mondays from 16 August to 20 September 2010
Time & Venue: 7.30 pm @ Conference Centre at Good Shepherd Parish, 1 Goedehoop Street, Bothasig
Cost: R50 per couple
Contact: Mrs Pat Cook, Tel: 021 558 1412 or Keith and Jean Thomas, Tel: 021 552 9988 (h), 071 253 8896 (Keith) or 072 612 7509 (Jean)

Brooklyn/Milnerton

Dates: Five Mondays from 25 January to 22 February 2010
Five Mondays from 24 May to 21 June 2010
Time & Venue: 7.30 pm @ Our Lady of the Annunciation, Milnerton
Cost: No charge. Prior registration is not necessary.
Contact: Parish secretary 021 551 1756 or Rev Kalil 082 908 3438

Vredenburg

Dates: To be offered on request
Contact: Fernando & Floripes De Gois Tel: 022 713 4995 (h)
084 519 1319

Saldanha

Dates: To be offered on request
Contact: Alfred & Natasha Richards Tel: 022 714 0157 (h)
083 275 8867 (Alfred)

Tableview

Dates: Seven Tuesdays from 13 April to 25 May 2010
Seven Tuesdays from 28 September to 09 November
Time & Venue: 7.30 pm @ 83 Sandown Road, West Beach
Cost: R200. Prior registration is essential.
Contact: Stephen and Joan Armstrong Tel: 021-554 3137 (h)
after 6:00pm or email: upstream@telkomsa.net

Atlantis

Dates: Six Saturdays from 06 February to 13 March 2010
Six Saturdays from 10 April to 15 May 2010
Six Saturdays from 3 July to 7 August 2010
Six Saturdays from 4 September to 9 October 2010
Time & Venue: 15:00 sharp @ the home of Brian & Sylvia Scholtz,
1 Cybelle Crescent, Avondale Atlantis
Cost: R180. Prior registration is essential
Contact: Brian and Sylvia Scholtz 021 572 3410 (h) after
5.00pm or 082 309 4230.

CENTRAL DEANERY

Bonteheuvel

For course information please contact Karen Morris 082 678 2215 or
Wayne Morris on 082 325 3111.

Elsie's River

Dates: To be offered on request
Contact: Mitch & Olga Mitchelson 41 President Brand St,
Ruyterwacht. Tel: 021 534 5097 (h)

Lavistown

Dates: Six Tuesdays from 16 February to 23 March 2010
Six Tuesdays from 07 September to 12 October 2010
Time & Venue: 7.00pm @ St Martin de Porres Church, Lavistown
Cost: R40 per couple. Prior registration is essential

Contact: Martin and Agnes Julie, Tel: 084 222 1482 (Martin) 084 333 1957 (Agnes), Church: 021 934 2387

Parow Valley

Dates: Six Wednesdays from 20 January to 24 February 2010
Six Wednesdays from 5 May to 9 June 2010
Six Wednesdays from 22 September to 27 October 2010
Time & Venue: 7.30pm @ Mater Dei Church, Parow Valley
Cost: To be determined. Prior registration is essential
Contact: Denise & Wilhelm Absolom. Tel 021 933 0813 (h).

Pinelands

Dates: Six Thursdays from 14 October to 18 November 2010
Time & Venue: 7.30pm @ Christ the King, Pinelands
Cost: To be determined by the presenters
Contact: Loreene Solomons. Tel: 021 531 3977 (h), 082 258 0289

NORTHERN DEANERY

Kraaifontein

For further information please contact Fr Robert Bissell
on 021 988 1687

CONSTANTIABERG DEANERY

Retreat

Dates: Six Thursdays from 15 April to 20 May 2010
Six Thursdays from 9 September to 14 October 2010
Time & Venue: 7.30 pm @ St Mary's parish hall, Retreat
Cost: R60 per couple. As a limited number of engaged couples can be accommodated, prior registration is essential
Contact: Henry & Connie Petersen, 021 712 7075 (h) after 6.00pm
Melda & Ivor Hellenberg, 021 715 6084 (h) after 6.00pm

Grassy Park

Dates: Six Tuesdays from 9 February to 23 March 2010
Six Tuesdays from 21 September to 26 October 2010
Time & Venue: 7.30 pm, at OLQP, Grassy Park
Cost: To be determined. Prior registration is essential
Contact: Naomi Jacobs. Tel: 021 706 1570 (Mon-Fri 09.00-14.00)

PENINSULA DEANERY

Rocklands

Dates: Seven Mondays from 25 January to 08 March 2010
Seven Mondays from 16 August to 27 September 2010
Time & Venue: 7.30 pm @ St Stephen's Church, Rocklands
Cost: R100 per couple. Prior registration is essential
Contact: Patty Bell, 021 391 2222 (h) after 6:00pm or Parish Centre, 021 392 3647

Westridge

Dates etc To be determined by presenters
Contact Mervin & Carol Solomons (h) 021 391 1660 after 18.00 or Pamela Davids 073 171 8847.

CATHOLIC ENGAGED ENCOUNTER 2010

26-28 February 2010 at Schoenstatt Training Centre, Constantia
16-18 April 2010 at Christ the King, Pinelands
4-6 June 2010. Venue to be advised. Contact Beryl Lategan.
20-22 August 2010. Venue to be advised. Contact Beryl Lategan.
29-31 October 2010. Venue to be advised. Contact Beryl Lategan.
19-21 November 2010. Venue to be advised. Contact Beryl Lategan.

Cost: Schoenstatt: R900. Pinelands R750 per couple

Booking: Application forms are obtainable from: Beryl Lategan
36 Pypie Street, Lenteguur, Mitchells Plain, 7785
Tel: 021 376 4306 (h) after 6.00pm.
Fax: 021 376 7654

Email Address: palbil@telkomsa.net

Postal Address: PO Box 87170, Mitchells Plain 7789

MARRIAGE ENCOUNTER 2010

26-28 March 2010
28-30 May 2010
30 July – 1 August 2010
5-7 November 2010

Mary Ward Centre,
Somerset West
R800 per couple

Application forms are obtainable from:

Alvin & Melanie Randall. Tel: 021 705 6885 (h) after 18.00 or 079 136 8777 (Melanie) OR Craig & Liesl Naidoo 021 705 5217 (h) after 18.00 or 083 264 7878 (Liesl), 083 701 2610 (Craig)

RETROUVAILLE 2010

Please contact:

Karen Mehl, Tel: 084 602 4108 (w) 021 703 7789 (h)

PARENTING SKILLS PROGRAMME 2010

PENINSULA DEANERY

Westridge: St John Bosco

Dates: Wednesdays 10 March to – 28 April 2010.
Wednesdays 15 September – 3 November 2010.
Time: To be determined by the presenters.
Venue: Westridge Catholic Church Hall.
Cost: To be determined by the presenters.
Contact: Harry Mitchell 021 374 8552/ 083 769 3287.

Strandfontein: St Philip

Dates: To be advised.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Petula Norkett 021 393 3063.

CITY BOWL DEANERY

District Six: Holy Cross

Dates: Thursdays 9 September – 26 October 2010.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Fr Michele da Salvia 021 374 8552.

CENTRAL DEANERY

Bonteheuvel: St Matthew

Dates: Wednesdays 24 March – 12 May 2010.
Wednesdays 29 September – 17 November 2010.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Kathy Collins 021 695 4032 or Magda Meiring 083 666 7859.

Pinelands: Christ the King

Dates: Thursdays 15 April – 3 June 2010.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Loreen Solomons 082 258 0269.

EASTERN DEANERY

Lansdowne: Our Lady Help of Christians

Dates: Tuesdays 9 March – 28 April 2010.
Tuesdays 14 September – 2 November 2010.
Time: To be determined by the presenters.
Venue: Our Lady Help of Christians, Lansdowne Rd.
Cost: To be determined by the presenters.
Contact: Hester Lucas 021 703 0040.

Lansdowne: Our Lady Help of Christians

Dates: Tuesday mornings 9 February – 30 March 2010.
Time: 7.30 pm
Venue: 12 Minos Road, Wetton.
Cost: To be determined by the presenters.
Contact: Jean Hendricks 021 761 1844.

Manenberg: Holy Family of Nazareth

Dates: Wednesdays 14 April – 2 June 2010.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Mary Collins 021 638 7629 or Margaret Young 021 638 3699.

Nyanga: St Mary

Dates: To be determined by the presenters.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Bukeka Bikwani 076 185 2952.

CONSTANTIABERG DEANERY

Grassy Park: Our Lady Queen of Peace

Dates: To be determined by the parish.
Time: To be determined by the parish.
Venue: To be determined by the parish.
Cost: To be determined by the parish.
Contact: Parish secretary, Ms Naomi Jacobs 021 706 1570.
Office hours Mon-Fri 09.00-14.00.

EAST COAST DEANERY

Khayelitsha: St Raphael

Dates: To be determined by the presenters.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Thembela Nojekwa 072 115 3540.

Khayelitsha: St Kizito

Dates: To be determined by the presenters.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Nomawethu Mqomboti 072 071 0805.

Khayelitsha: Site B

Dates: To be determined by the presenters.
Time: To be determined by the presenters.
Venue: To be determined by the presenters.
Cost: To be determined by the presenters.
Contact: Nosekhele Mpushe 082 468 1510.

NORTHERN DEANERY

Kraaifontein/Durbanville/Bellville

Dates: Thursdays 21 January – 18 March 2010.
Thursdays 15 April – 10 June 2010.
Thursdays 15 July – 9 September 2010.
Thursdays 7 October – 2 December 2010.
Time: 7.30-9.30pm.
Venue: Kraaifontein Catholic Church, Cor. Church Street & 10th Ave., as well as other parishes in the deanery.
Cost: To be determined by the presenters.
Contact: Carol Mance 021 975 6453 or 082 568 2780.